

## Cross Curricular Activity: Health

**Lesson:** *Food Bingo*

**Grade Level:** 1-3

**Overview:** This exercise is a fun way for students to put their knowledge of fruits and vegetables to the test.

**Approximate Duration:** one class period

**National Social Studies Standards:** NS.K-4.3 Life Science  
[http://www.educationworld.com/standards/national/science/k\\_4.shtml](http://www.educationworld.com/standards/national/science/k_4.shtml)

**Objective:** Students will test their knowledge of different fruits and vegetables by matching the name with the corresponding image.

### Procedure:

Materials:

1. Food bingo card (one for each student)
  2. Grid of images (one for each student)
  3. Beans or pennies to use as bingo markers
  4. Glue
  5. Scissors
  6. Plastic cup (or basket)
- Before the lesson, cut out the names of the fruits and vegetables from the bingo list and place them in a cup (or basket) so that they can be pulled randomly.
  - Distribute the bingo cards and image grids to students. Have the students cut out a total of 16 fruits and vegetables that they want to use and glue them to their bingo card in any order. (Each square on the bingo card should have one fruit or one vegetable.)
  - From the cup call out the fruits and vegetables one at a time. Tell your students to place a bean (or penny) on the square when a fruit or vegetable from their bingo card is called. Have your students call out BINGO when they have 4 beans in a row or 4 beans diagonally.

### Assessment:

- You can reward your winning student with a pack of seeds to plant in their garden.

Inspired by: <http://www.atozteacherstuff.com/pages/244.shtml>

# Food Bingo


## Bingo List:

Apple

Grapes

Broccoli

Carrot

Banana

Potato

Tomato

Onion

Strawberry

Peas

Bell Pepper

Pear

Orange

Cucumber

Watermelon

Cherries

Peach

Corn

Lettuce

Squash

Pineapple

Pumpkin

Green Beans

Artichoke

