

What is a Victory Garden?



During **World War II**, Victory Gardens were planted by families in the United States (*the Home Front*) to help prevent a food shortage. This meant food for everyone!



Planting Victory Gardens helped make sure that there was enough food for **our soldiers fighting around the world**. Because canned vegetables were rationed, Victory Gardens also helped people stretch their ration coupons (*the amount of certain foods they were allowed to buy at the store*).



Because trains and trucks had to be used to transport soldiers, vehicles, and weapons, most Americans ate local produce grown in their *own communities*.



Many different types of vegetables were grown—such as **tomatoes, carrots, lettuce, beets, and peas**. Victory Gardens were responsible for bringing Swiss chard and kohlrabi onto the American dinner table because they were easy to grow.



At their peak there were more than **20,000,000 Victory Gardens** planted across the United States. That was one Victory Garden for every seven people!



By 1944 Victory Gardens were responsible for producing **40% of all vegetables** grown in the United States. More than one million tons of vegetables were grown in Victory Gardens during the war. That is the weight of 120,000 elephants OR 17,000 army tanks!



People with no yards planted small Victory Gardens in **window boxes** and watered them through their windows. Some city dwellers who lived in tall apartment buildings planted rooftop gardens and the whole building pitched in and helped.



Many schools across the country planted Victory Gardens on *their school grounds* and used their produce in *their school lunches*.



The U.S. government printed **recipe books** describing how to prepare **home grown vegetables** to make nutritional and tasty meals. Agricultural companies gave tips on how to make seedlings flourish in different climates.



Excess food grown in Victory Gardens was *canned and used during the winter months* to help supplement the amount of food available.



Growing Victory Gardens gave Americans on the **Home Front** a feeling that they were doing something helpful to win the war (*and they were*)!

